Look on the Bright Side
Social Skills Focus:
Optimism
Having a positive attitude.

Tips for Reading this Book with Children:

1. Read the title and make predictions about the story.
   
   Predictions – after reading the title have students make predictions about the book.

2. Take a picture walk.
   
   Talk about the pictures in the book. Implant the vocabulary as you take the picture walk.
   
   Have children find one or two words they know as they do a picture walk.

3. Have students read the 1st page of text with you.

4. Have students read the remaining text aloud.

5. Strategy Talk – use to assist students while reading.
   
   • Get your mouth ready
   • Look at the picture
   • Think…does it make sense
   • Think…does it look right
   • Think…does it sound right
   • Chunk it – by looking for a part you know

6. Read it again.

7. Complete the activities at the end of the book.
Look on the Bright Side

by Cristie Reed

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Teacher Notes available at rem4teachers.com
When you look on the bright side, you have a **positive** attitude about your life.
When you have a positive attitude, you believe in yourself. You choose to be a happy person. You share your happiness with others.
Do you have a positive attitude?
When people feel happy, they can do more. They have more fun. They feel more successful at anything they try.
Addition Worksheet

UNIT B

Name ____________________

1. 78 + 14 = 92
2. 22 + 51 = 73
3. 87 + 8 = 95
4. 51 + 11 = 62

Total: 12/12

Excellent!
It’s not always easy to be positive. All people face problems during their lives.
When problems happen, worry and bad **feelings** begin. A **negative** attitude builds up.
When you look on the bright side, you see problems as a way to learn something new. You find solutions and try to make things better.
Ask yourself, what did I learn from this?
If you feel worried about a big test at school, try not to think about how difficult it could be.
Tell yourself, I know I can do it. I’m going to try my best!
If you are playing in a game and the other team is winning, don’t give up. Tell yourself, I will try to do my best. I need to help my team!
How do you feel when you help other people?
If you make a mistake in front of your friends, don’t feel angry toward yourself. Know that everybody makes mistakes. Laugh and let go of your mistake.
Sometimes laughter is the best medicine.
When you look on the bright side, you choose to be happy. When you choose to be happy, you make other people feel happy, too.
Top Five Ways to Have a Positive Attitude

1. Believe in yourself.

2. Never give up.

3. Look for the good in others.

4. Be grateful. Think about the good things in your life.

5. Get rid of negative thoughts!

You can do it!
**feelings** (FEEL-ings): Having certain emotions.

**negative** (NEG-uh-tiv): Thinking or feeling badly about things.

**positive** (POZ-uh-tiv): Thinking or feeling good about things.
problems (PROB-luhmz): Troubles or difficulties you face.

solutions (suh-LOO-shunz): The answers to a problem or difficulty.

successful (suhk-SESS-ful): When something turns out well.
Index
bright side 3, 12, 20
feelings 10
happy 4, 6, 20
mistake(s) 18
negative attitude 10
positive attitude 3-5, 21
problems 8, 10, 12
solutions 12
successful 6

Websites
www.bam.gov
www.theleaderinme.org/the-7-habits-for-kids
www.kidgrid.com/kghealth.htm

About the Author
Cristie Reed lives in Tampa, Florida. She works as a teacher and reading coach. She thinks kids can do anything if they believe in themselves!

Ask The Author!
www.rem4students.com
Comprehension & Extension:

• Vocabulary:
  Use glossary words in a sentence.

• Discussion Questions:
  How would you describe a negative attitude?
  Who faces problems in their lives?
  How do you see problems as a way to learn something new?
  Reread page 14. What do you tell yourself when faced with a big test?

• Text to Self Connection:
  When you are faced with a challenge, how do you handle your feelings concerning your attitude?

• Extension: Draw and Write
  Draw a picture of the feelings you had and write about what the end result was.

Sight Words I Used:
believe
best
laugh
school
team
Little World Social Skills

Do you know what to do in difficult situations? Little World Social Skills will help you learn how to handle the many different situations you’ll face as you grow. This series is filled with real world examples that will teach you about everything from how to handle bullies to what it means to be a responsible person.

Books In This Series Include:

- Friends
- Responsibility
- Sharing
- Honesty
- Problem Solving
- Are You a Bully?
- Let’s Work Together
- Look on the Bright Side
- Integrity
- May I Please?

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