

DECEMBER

2016

Bowler School District

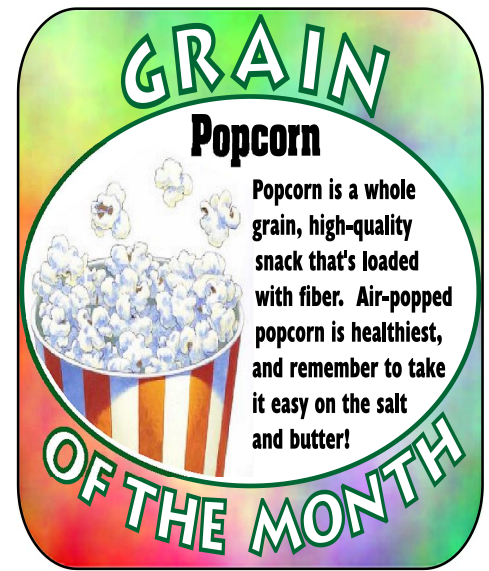
Home of the Panthers!

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Poinsettias

The beautiful red plants you see a lot of this time of year are called "poinsettias." They are named after an American diplomat, Joel Poinsett, who brought the plants to our country from their native Mexico in 1828. The red parts are not really flowers, but leaves – the flowers are the tiny gold buds in the center. In nature, poinsettias can grow up to 10 feet tall!



Monday, Dec. 5

Breakfast Burrito
Fruit and Juice

Chicken'wich
Tomato Slices
Waffle Sweet
Potato Fries
Raw Veggies
Fresh Apple LG
Garden Bar LG
Cold Milk

Tuesday, Dec. 6

Sausage Pizza
Fruit and Juice

World's State Fair
Corn Dog
Potato Wedges
Packer Green Beans
Fruit Variety
Oatmeal Cookie**
Garden Bar LG
Cold Milk

Wed., Dec. 7

Boseo Stiek,
Yogurt Fruit, Je.

Steamy Chicken
Noodle Soup
Veggies Nibbles
Warm Peaches with
Brown Sugar &
Cinnamon
Cold Pudding
Fresh Bread, Jelly
Bunny Grahams*
Garden Bar LG
Cold Milk

Thurs., Dec. 8

Berry Blast Parfait
Grahams, Fruit, Je.

Robust Meat
Sauce & Rotini
Breadstick K-5
Texas Toast**
Kernel Corn
Orange Wedges
Garden Bar LG
Cold Milk

Friday, Dec. 9

Pancake Sandwich
Fruit and Juice

Oven Baked
Chicken
Steamed Rice
Raw veggies
Sassy Strawberries
Fresh Soft Roll
Goldfish Crkr.*
Garden Bar LG
Cold Milk

Thurs. Dec. 1

Sliders, Yogurt
Fruit and Juice

BBQ Pulled
Pork Sandwich
Fresh Broccoli
X-Ray Vision Carrots
Sautéed Swiss
Chard with Butter
Fresh Citrus Cup
Soft Cookie*
Garden Bar LG
Cold Milk

Friday, Dec. 2

Waffles & Syrup
Fruit and Juice

Teriyaki Chicken
Rice Bowl
Vegetable Blend
Raw Cauliflower
Fruit Variety
Fortune Cookie
Fresh Baked
Muffin*
Garden Bar LG
Cold Milk

Available Daily

Fresh Garden Bar with
Locally Grown Lettuces

Three Choices of Cold Milk

K-5 Lucky Tray Once a Month!

Homework Club is on
Tuesday and Thursday Nights
Computer and Gamer's Club on Monday
and Wednesday nights. Healthy Snacks
are provided Monday-Thursday for
athletes also After School.

Afternoon milk break for grades K-5

Menu Subject to Change without notice